



**CYNGOR BWRDEISTREF SIROL  
RHONDDA CYNON TAF  
COUNTY BOROUGH COUNCIL**

**GWŶS I GYFARFOD O'R CYNGOR**

C.Hanagan  
Cyfarwyddwr Gwasanaeth y Gwasanaethau Democrataidd a Chyfathrebu  
Cyngor Bwrdeistref Sirol Rhondda Cynon Taf  
Y Pafiliynau  
Parc Hen Lofa'r Cambrian  
Cwm Clydach CF40 2XX

Dolen gyswllt: Claire Hendy – Uwch Swyddog Gwasanaethau Democratidd (07385 401935)

**DYMA WŶS I CHI** i gyfarfod o **PWYLLGOR CRAFFU - PLANT A PHOBL IFAINC** yn cael ei gynnal yn **Rhithwir** ar **DYDD MERCHER, 3YDD MAWRTH, 2021** am **5.00 PM**.

Caiff Aelodau nad ydyn nhw'n aelodau o'r pwyllgor ac aelodau o'r cyhoedd gyfrannu yn y cyfarfod ar faterion y cyfarfod er bydd y cais yn ôl doethineb y Cadeirydd. Gofynnwn i chi roi gwybod i Wasanaethau Democrataidd erbyn Dydd Llun, 1 Mawrth 2021 trwy ddefnyddio'r manylion cyswllt uchod, gan gynnwys rhoi gwybod a fyddwch chi'n siarad Cymraeg neu Saesneg.

**AGENDA**

**Tudalennau**

**1. DATGAN BUDDIANT**

Derbyn datganiadau o fuddiannau personol gan Aelodau, yn unol â gofynion y Cod Ymddygiad.

Noder:

1. Mae gofyn i Aelodau ddatgan rhif a phwnc yr agendwm mae eu buddiant yn ymwneud ag ef a mynegi natur y buddiant personol hwnnw; a
2. Lle bo Aelodau'n ymneilltuo o'r cyfarfod o ganlyniad i ddatgelu buddiant sy'n rhagfarnu, mae rhaid iddyn nhw roi gwybod i'r Cadeirydd pan fyddan nhw'n gadael.

**ADRODDIAD CYFARWYDDWR CYFADRAN Y GWASANAETHAU  
CYMUNED A GWASANAETHAU I BLANT**

**2. Y NEWYDDION DIWEDDION AR GWASANAETHAU IECHYD  
MEDDWL I BLANT A PHOBL IFAINC CWM TAF MORGANNWG.**

Derbyn cyflwyniad sy'n rhoi'r newyddion diweddaraf i Aelodau ar sefyllfa bresennol y Gwasanaethau Iechyd Meddwl i Blant a Phobl Ifainc yn Rhondda Cynon Taf.

**3 - 14**

**3. ADOLYGAID Y CADEIRYDD A DOD A'R CYFARFOD I BEN**

Adlewyrchu ar cyfarfod a'r camau gweithredu l'w dwyn ymlaen.

**4. BUSNES BRYS**

Trafod unrhyw faterion sydd, yn ôl doethineb y Cadeirydd, yn faterion brys yng ngoleuni amgylchiadau arbennig.

**Cyfarwyddwr Gwasanaeth y Gwasanaethau Democrataidd a Chyfathrebu**

**Cylchreliad:-**

(Y Cynghorwyr Bwrdeistref Sirol Y Cynghorydd S. Rees-Owen a  
Y Cynghorydd J Edwards – Cadeirydd ac Is-gadeirydd, yn y drefn honno)

**Y Cynghorwyr Bwrdeistref Sirol:**

Y Cynghorydd S.Evans, Y Cynghorydd J Brencher, Y Cynghorydd H Fychan,  
Y Cynghorydd A Calvert, Y Cynghorydd S Powell, Y Cynghorydd M Powell,  
Y Cynghorydd M Griffiths, Y Cynghorydd Owen-Jones, Y Cynghorydd S Morgans,  
Y Cynghorydd G Stacey, Y Cynghorydd L De Vet and Y Cynghorydd L Walker

**Aelodau Cyfetholedig:**

Mr M Cleverley, Cynrychiolydd Cymdeithas Genedlaethol yr Ysgolfeistri ac Undeb yr  
Athrawesau a'r Panel Athrawon

Mr J Fish, Cynrychiolydd Rhiant-Lywodraethwr wedi'i ethol

Ms A Jones, Cynrychiolydd UNITE

Mr C Jones, Cynrychiolydd GMB

Mrs C Jones, Cynrychiolydd Undeb Cenedlaethol yr Athrawon a'r Panel Athrawon

Mr D Price, Cynrychiolydd UNSAIN/UNISON

Mr A Ricketts, Cynrychiolydd Awdurdodau Esgobaethol â'r hawl i bleidlais

Mrs R Nicholls, Cynrychiolydd Rhiant-Lywodraethwr wedi'i ethol

Mr L Patterson, Cynrychiolydd Rhiant-Lywodraethwr wedi'i ethol



## RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL

### CHILDREN & YOUNG PEOPLE SCRUTINY COMMITTEE 13.01.21

#### REPORT OF THE GROUP DIRECTOR OF COMMUNITY AND CHILDREN'S SERVICES

#### *Cwm Taf Morgannwg CAMHS Update 2020/2021*

#### 1. PURPOSE OF THE REPORT

- 1.1 The purpose of this report is to provide Information to the Children and Young People Scrutiny Committee about the work carried out by Cwm Taf Morgannwg Child and Adolescent Mental Health (CAMHS) in transforming the children and young people's mental health care across the County Borough.

#### 2. RECOMMENDATIONS

It is recommended that Members:

- (i) Consider the contents of the presentation
- (ii) Review and comment on the work carried out by Cwm Taf Morgannwg (CAMHS) in the community and schools
- (iii) Acknowledge the challenges faced by young people who need CAMHS services and the adjustments made by the service throughout the Covid-19 Pandemic

### **3. BACKGROUND**

**3.1** The purpose of this presentation is to inform the Children and Young People's Scrutiny Committee about the work that has been carried out by the Cwm Taf Morgannwg (CAMHS) over the last twelve months.

**3.2** The presentation attached at Appendix 1 includes as follows:

- Overview of CAMHS in Cwm Taf Morgannwg;
- New Investments
- Key Improvements – Early intervention
- Key Improvements – Waiting Time
- Key Improvements – Covid
- Key Improvements – CAHMS
- Future Vision and Plans

**3.3** The Service Manager for CAMHS Ms K Burton will be in attendance to deliver the report and respond to Members' questions along with Officer from Children's Services and Education.



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Cwm Taf Morgannwg  
University Health Board

[cwmtafmorgannwg.wales](http://cwmtafmorgannwg.wales)

# Cwm Taf Morgannwg CAMHS update

Tudalen 5

**March 2021**

# CAMHS in CTM

Single Point of Access (SPOA)

Primary CAMHS (PCAMHS)

Specialist CAMHS (SCAMHS)

Crisis Team (9am – 9pm, 7 days)

Community Intensive Therapy Team (CITT)

First Episode Psychosis (FEP)

Young People's Drug & Alcohol Service (YPDAS)

Clinical staff - Consultants, Speciality Doctors, Trainee Doctors, Psychologists, Therapists, Family Therapists, Nurses, Social Workers, Specialist Pharmacist, Dietician, Admin staff

# New investments

## **WG funding -**

Eating disorder service

Crisis and unscheduled care pathways

## **ICF funding -**

Emotional wellbeing service

# Key improvements – Early intervention

New management team in place

Renewed focus on joint working opportunities and building relationships with partner agencies

Building wellbeing and emotional wellbeing services – ICF posts and Kooth ([www.Kooth.com](http://www.Kooth.com))



# Key improvements - Waiting times

Demand reduced at the start of Covid and has rapidly increased since September, with further increases expected.

## PCAMHS

April 2019 362 children & young people waiting

Longest wait 29 weeks

February 2021 51 children & young people waiting (reducing)

Average wait of 3 weeks

## SCAMHS

November 2020 326 children & young people waiting

February 2021 120 children & young people waiting (reducing)

Average wait of 3 weeks

# Key improvements - Covid

Maintained CAMH service throughout Covid

Ongoing provision of face to face Crisis services 7 days a week

Use of “Attend Anywhere” online service provision

Ensured face to face support in safe environments

Committed and caring workforce

# Key improvements - CAMHS

Service redesign to improve patient experience – right place, right time.

Single Point of Access – All referrals & consultation & advice with CAMHS professionals.

Staff moved into multi-disciplinary locality teams - (merging primary and secondary CAMHS)

Detailed demand & capacity work undertaken with modelling in place – significant reduction in waiting times

# Future vision and plans

Expected increase in demand due to Covid – numbers, acuity and changes to demographic (inc eating disorders)

Embedding new models and pathways

Need for rapid response & flexibility over next 12-24 months

Creating opportunities within the Health Board & with our partner agencies – CAMHS is not an island

“Nothing about us without us” – meaningful engagement with children & young people



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# Any questions?

Tudalen way